Highlander Football



101

Our Coaches

Head Coach-Coach Lilley

- Coach Johnson
- Coach Rozelle
- Coach Lubenau
- Coach McDougal
- Coach Pitre

- Coach Corley
- Coach Herndon
- Coach Baird
- Coach Brewer
- Coach Turner

Expectations

- We expect excellence in the classroom
- No pass, no play! UIL dates located on McC webpage
- Players are expected to live at high standards
 (i.e. "yes sir, no sir")
- They are always considered athletes no matter where they go
- Athletics is a privilege

McCullough Football Teams

- Usually McCullough has 12 teams
 - Six 7th grade and six 8th grade.
 - Teams have been split to optimize student playing time and to make teams competitive.
- McCullough's team names are named after their coach. (i.e., "Coach Lilley's Team")

Game Day

- Games will be played on Mondays (7th) and Tuesdays (8th)
- Games usually start at 5:00 and 6:00. Some games may start at 4:30 and 5:30
- A ticket must be purchased to attend games
 - \$2 for parents
 - \$1 for students
- After games, please promptly pick your child up from McCullough. Please wait for your child in the west side of the parking lot (near the locker room doors)

Game Cancellations

- Games can be cancelled at any time (i.e. weather). We will try to cancel games as early as possible. Plan to play.
- McCullough has no control on whether or not we play games that are played at other schools.
- If games are cancelled early, then an email will be sent to parents.

8th Grade Practice Schedule

PRE SEASON (first couple of weeks of school, begins on second day of school)

- After School Practice
 - Monday-Friday
 - Red Days Practice begins after school til 5:30
 - Green Days Practice begins during G4 class til 5.

DURING THE SEASON

- Monday: Before school practice starts at 7:00 a.m. (Locker room opens at 6:30) This is for 8th graders.
- Tuesday: **GAME DAY**, No Practice.
- Wednesday & Thursday: After School Practice (see above)
- Friday: If a Green Day, practice during G-4. If a Red Day, no after school practice.

OFF SEASON

- Green Days Practice during G-4 only
- Red Days No practice

7th Grade Practice Schedule

PRE SEASON (first couple of weeks of school, begins on second day of school)

- Before School Practice
 - Monday-Friday
 - Starts at 7:00 a.m. (Locker room opens at 6:30)
 - Red Days: Players will shower and then eat breakfast in the cafeteria before going to R-2
 - Green Days: Players will shower and then go to G-1

DURING THE SEASON

- Monday: GAME DAY If a Red Day, practice during R-1. If Green Day, no practice.
- Tuesday: If Red Day, practice during R-1. If Green Day, no practice.
- Wednesday Friday: Before School Practice (see above)

OFF SEASON

- Red Days: Practice during R-1 only
- Green Days: No practice

One Team, One Goal

- Parents are encouraged to get involved with Quarterback Club (TWHS booster club)
- We will need volunteers for home gamesscoreboard, announce, chains, concessions
- Parents can join the Quarterback at equipment issue day (TBA) at McCullough.

Jr. High at Woodforest Bank Stadium

- Procedures for McCullough athletes to be admitted free at Woodforest Stadium to watch TWHS football games:
 - Must wear their game day t-shirt
 - Must be there before 6:45 p.m. to get in free
 - Must enter the gates on the scoreboard side of the stadium
- TWHS varsity games usually start at 7:00 p.m.

Pick Up and Drop Off

- All football players should be dropped off and picked up on the west side (stadium side) of the school at the locker room doors.
- Please do not drop off students in the parking lot where they have to walk through traffic to get into the building.

Breakfast 7th Grade

- On red days, 7th graders will have the opportunity to purchase food from the cafeteria.
- On green days, players are encouraged to bring a snack that they can eat while walking to class.

Morning Tutoring (7th grade)

Red days- Student must have a pass from teacher to attend tutoring.

- A coach will unlock the locker rooms at
 7:50 for those who need to attend tutoring
- Students will return to practice after tutoring

Green Days- This is our short day of practice. Will not go to tutoring unless prior approval is made.

Ordering Practice Clothes

- Students are required to order shirt and shorts from North Houston Athletics (most order 2-3 pairs)
- Padded pants are encouraged but not required
- North Houston Athletics
 <u>https://nhathletics.com/mccullough-</u>football/

Equipment

- All football equipment is provided by the school. (Equipment-Issue Day TBA)
- . Players may wear personal equipment.
 - Personal equipment must be approved by coaching staff.
 - Students who wish to wear their own helmet must have a waiver signed by parents.
 - No signed waiver is required at this time for personal shoulder pads.

Health Concerns

- Asthma and/or Diabetes or any Allergies LET US KNOW
 - Please make sure to check in all inhalers and medicine to the nurse. Then the nurse will bring them to us.
- Drink plenty of water before and after practice
 - Players bring own water to practices
- If you have any concerns or problems, feel free to contact your child's coach or Coach Lilley.

Concussions

Any player that is suspected of having a concussion will have to follow the return-to-play protocol set up by the district.

FAQ's

Will there be early morning practice after season?

No

Do the players have to ride bus after game?

Yes

Can students play other sports and football?

Yes

Do the students have to shower after morning practice?

Yes

After the season, do the students have to do off season?

Yes

FAQ's Cont.

Can the students eat breakfast?

Yes

What restaurant is providing food for players on game days?

Chick-Fil-A

• If student fails a class(es), do they still have to attend practice?

Yes

Where do parents pick up and drop off players?

West side of school near practice fields

Who Do I Contact?

If you have a question or concern about anything regarding football or your child's team, go to the coach first – all coaches' names and email links are on the McCullough website under Athletics.

Parent/Guardian To-Do's

- Sign up on McCullough football website to receive emails.
 - https://mccullough.conroeisd.net/athletics-1/football/
- Order practice gear.
 - https://nhathletics.com/mccullough-football/
- Plan to attend Equipment-Issue Day with your player (date in August TBA)
- Join the Quarterback Club (not required but appreciated)
 - http://www.highlanderfootball.net/hfnet/qbclub.h
 tml

Thanks

GO HIGHLANDERS!